

RUGBY UNION - U 19 LAW VARIATIONS - AIDE MEMORIE

Age Group	"Playing Time" per half	Squeeze Ball	Lifting Support	Scrum-Half following round	Ball Size
U13	25 mins	No	No	No	4
U14	25 mins	No	No	No	4
U15	30 mins	No	No	No	5
U16	35 mins	No	Yes	Yes	5
U17	35 mins	No	Yes	Yes	5
U18	35 mins	No	Yes	Yes	5
U19	35 mins	Yes	Yes	Yes	5
"Playing Time" = Time that has been played excluding Time Lost (Injuries, substitutions, etc). NO EXTRA TIME					
A player who has been substituted may replace any player, whether or not the player to be replaced has been injured					
Equal number of players in scrum at all times, min of 5 players, max 1.5 metres push, players must not keep ball in scrum. No deliberate wheel. 45 degree wheel = scrum reset no handover					
Engagement Sequence = Crouch, Touch, Pause, Engage					