



CRDA 2

MODULE 5 – SCRUM

Funded by



RUGBY FOOTBALL
FOUNDATION

rfu.com/referee



CONTENTS

5.1 Basics	3
5.2 What Are They All Trying To Do?	3
5.3 Front Row Feet Positions	5
5.4 Scrum Issues	6
5.5 DVD Clips – Contested Scrums	7
5.6 DVD Clips - Uncontested Scrums	8
5.7 DVD CLIPS Throw Ins	9
5.8 Your Main Learning Points	10

MODULE 5 - SCRUM

5.1 Basics

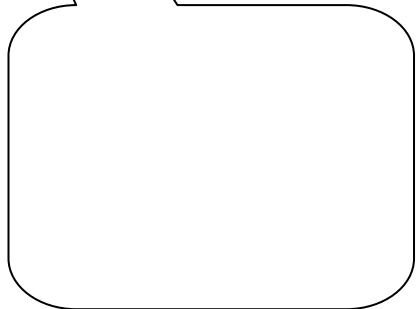
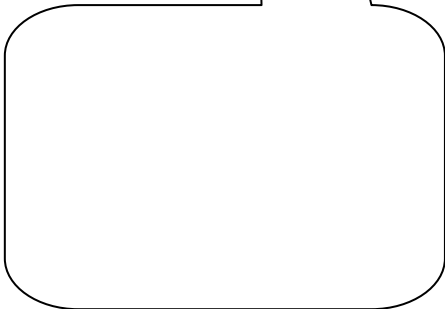
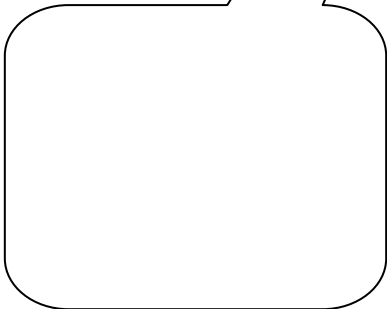
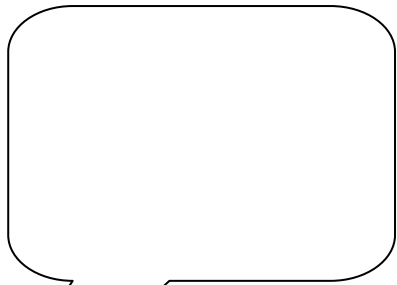
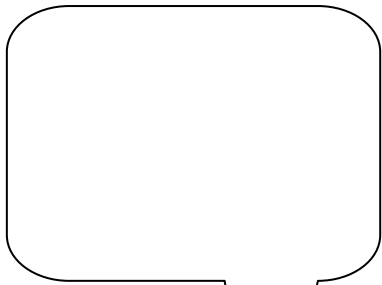
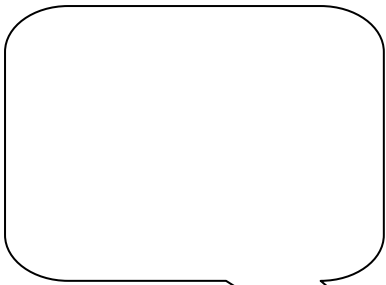
5.1.1 How can the referee help the players scrummage as safely as possible?

5.1.2 Why is the “Pause” important in the engagement sequences?

5.2 What Are They All Trying To Do?

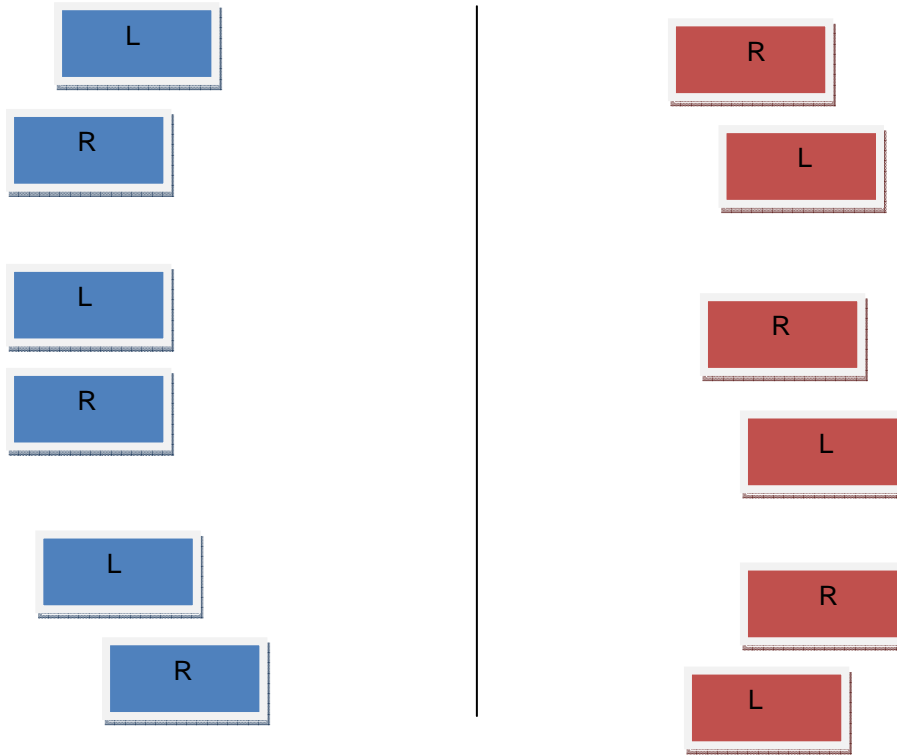
Study the diagram below and match the descriptions to the appropriate players. (These descriptions were written by an experienced hooker, so you may have to interpret his words)

A	Either go for strike or stay long/strong and drive, pressurise opponent (+ chat to him!) , take them low
B	Stay strong, offer wide base for ball, keep immediate opponent occupied, protect my hooker
C	Get-up, move forward to give 8 and 9 better options from base, stay straight, don't get lifted/twisted
D	Free rein, disrupt, be difficult, try to get up and give your 7 head start at 10 ,possibly twist and lift opponent
E	Low body position, swivel hips, clean strike, long/strong into pushing after hook
F	Disrupt strike, attack the hooker, take immediate opponent low, make life difficult



5.3 Front Row Feet Positions

Comment on the feet positions shown below



BLUE	RED

5.4 Scrum Issues

Describe effective strategies for dealing with the following scrum issues

1. Scrum half not throwing the ball in straight
2. Scrum which collapses on engagement
3. Scrum which collapses after engagement
4. Scrum where one side is physically dominant over the other
5. Scrums which are frequently wheeling slowly up the left hand side
6. Scrums where there are several occasions when the front rows stand up after engagement

5.5 DVD Clips – Contested Scrums

Make your own notes on what you saw on each scrum clip then note down the consensus view

Your Observations	Consensus

5.6 DVD Clips - Uncontested Scrums

Make notes on issues for the referee raised by the uncontested scrums.

Other notes on uncontested scrums

5.7 DVD CLIPS Throw Ins

Blue Throw in
Clip 1
Clip 2
Clip 3
Clip 4
Clip 5
Clip 6
Clip 7
Clip 8
Clip 9
Clip 10
Red Throw in
Clip 1
Clip 2
Clip 3
Clip 4

Clip 5
Clip 6
Clip 7
Clip 8
Clip 9

5.8 Your Main Learning Points

Note down your 3 main Learning Points and describe what you will do differently in future

Learning Points	What you will do differently
1	
2	
3	